

| Structure<br>Skill description                                     | Process<br>The action that the candidate demonstrates competently during the skills practice  | Outcome<br>Desired skill outcome  | Assessment<br>Please tick |              |
|--|---|---|---------------------------|--------------|
|  |   |   | Achieved                  | Not achieved |
| Skill Station 1: High-Quality Chest Compression and Defibrillation |   |   |                           |              |
| Correct delivery of high quality chest compressions                | Hand position, depth, rate, duty cycle, and recoil of compressions. Avoids unnecessary interruptions in chest compressions and plans ahead.   | Support of the circulation during cardiac arrest                        |                           |              |
| Safe and effective use of defibrillator                            | <p>Ensures safety of self and team during defibrillation.</p> <p>Correct application of self-adhesive pads.</p> <p><b>Manual defibrillation</b> - recognises shockable rhythm, correct choice of energy level. Minimises pre-shock pause; warns team to stand clear, charges defibrillator with ongoing chest compressions. Tells person delivering chest compressions to stand clear and removes oxygen, delivers shock, ensures CPR resumes immediately.</p> <p><b>AED</b> - switches on AED, follows prompts correctly and delivers shock safely (tells person delivering chest compressions to stand clear and removes oxygen).</p> | Safe and effective defibrillation with manual defibrillator and/or AED. |                           |              |
| Skill Station 2: Management of the Deteriorating Patient           |   |   |                           |              |
| Patient assessment using the ABCDE approach                        | Systematic use of the ABCDE approach  | Identify and treat any immediate problems                               |                           |              |

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|--|--|--|---------------------------|--------------|
|  |  |  | Achieved                  | Not achieved |
| Skill Station 3: Handling the Airway and Intraosseous Access |  |  |                           |              |
| Airway assessment  | Opens the airway using head tilt/chin lift and jaw thrust manoeuvres, establishing patency. Demonstrates the appropriate use of suction. | Airway is cleared and opened                                   |                           |              |
| Airway maintenance   | Demonstrates correct sizing and insertion technique of an oropharyngeal and nasopharyngeal airway  | Airway maintenance with the use of adjuncts                    |                           |              |
| Artificial ventilation                                       | Demonstrates effective ventilation with a self-inflating bag-mask device with the use of supplemental oxygen.                            | Ventilation is established with airway adjuncts                |                           |              |
| Securing the airway  | Demonstrates the use of a supraglottic airway. Attaches an oxygen delivery source and confirms effective ventilation.                    | Airway is secured  |                           |              |
| Skill Station 4: Basic Life Support                          |  |  |                           |              |
| Patient assessment using the ABCDE approach                  | Systematic use of the ABCDE approach (depending on the candidate background)   | Identify and treat any immediate problems                      |                           |              |
| Recognise and confirm cardiac arrest                         | Opens the airway, checks for breathing or pulse. Calls resuscitation team and requests a defibrillator.                                  | Confirmation of cardiac arrest and call for resuscitation team |                           |              |

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|-----------------------------------|---|--|---------------------------|--------------|
|                                   |   |  | Achieved                  | Not achieved |
| Basic Life Support                | Combining high-quality chest compressions together with effective ventilation. Recognises the need for defibrillation using a manual defibrillator or AED and delivering a shock safely   | Support of the circulation during cardiac arrest                           |                           |              |
| Handling the airway               | Demonstrates the correct use of an airway device, depending on the candidate background   | Airway is secured  |                           |              |
| Use of non-technical skills       | First responder lets his support know what he expects through direction and command. The team communicates effectively using verbal and non-verbal communication. The team works together to accomplish tasks in a timely manner. | Leadership, teamwork and task management                                   |                           |              |
| Supporting the resuscitation team | Handover to resuscitation team using SBAR/RSVP. The team anticipates potential actions and communicates effectively using verbal and non-verbal communication. The team follows standards and guidelines.                         | Effective and supporting integration as a member of the resuscitation team |                           |              |

|  |                |
|--|----------------|
| Candidate Name:                          | Assessor name: |
| Achieved assessment outcome:<br>Yes / No | Date:          |